



THE CORDOVA BAY COMMUNITY NEWSLETTER

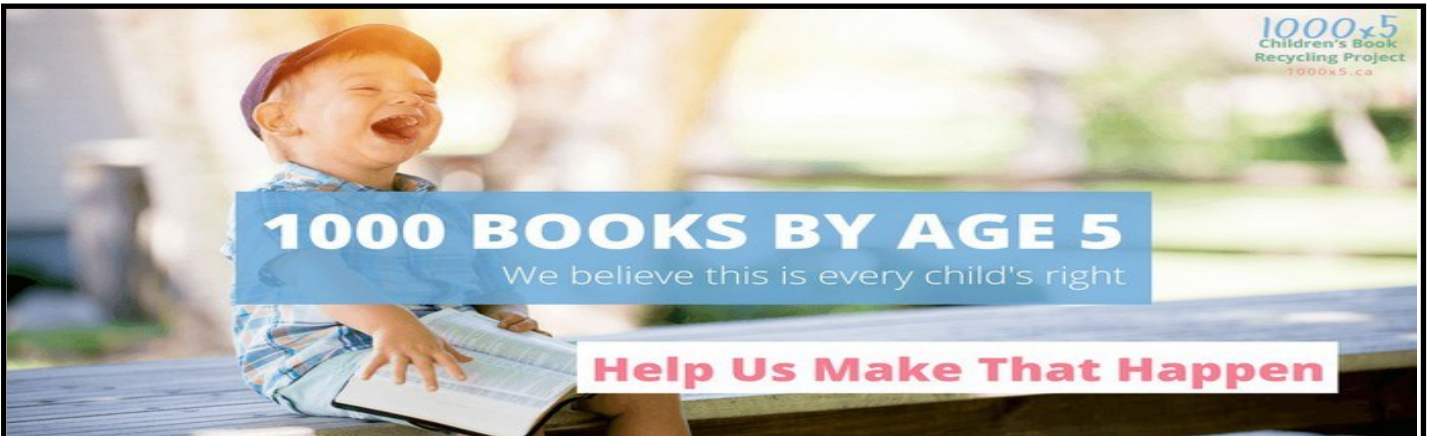
Attendance Reporting - Email: cordovabay_attendance@saanichschools.ca Phone: 250-658-4002

School District No. 63 (Saanich) resides on the traditional territory of the W̱SÁNEĆ people encompassing the five local communities: BO,́KE,́CEN (Pauquachin), MÁLEXEŁ (Malahat), W̱JOŁEŁP (Tsartlip), W̱,SIKEM (Tseycum), and S,TAUTW (Tsawout). We acknowledge and thank the W̱SÁNEĆ people on whose traditional territory we live, learn, and teach. The W̱SÁNEĆ people have lived and worked on this land since time immemorial



May 20 Pro-D Day

May 23 Victoria Day



The PENINSULA “1000 X 5” Children’s Book Recycling Project is in urgent need of picture books suitable for reading to young children (from birth to 5 years-old). If you have gently used books to donate, please bring them to the school. They will be forwarded to the volunteers who will sort and package them for other families to share and enjoy.

Thanks!

Daphne Macnaughton, PENINSULA “1000 X 5” Project leader

dlnvictoria@shaw.ca



EyeLearn

CHILDREN'S VISION PROGRAM

What are some Eye Warning Signs?

- blurry or double vision
- tilting the head or covering/closing one eye
- a strabismus (turned eye)
- difficulty with reading and/or avoiding near work
- rubbing, tearing, red, itchy or burning eyes
- poor coordination in sports and fine motor activities (eg. printing)
- headaches, eyestrain, squinting and excessive blinking

Tell me about Screen Time!

- Get up and take a break every 20 minutes
- Ensure screens are a forearm's length away
- No screen time less than (or within) 1 hour before bedtime
- Outdoor time is encouraged over screen time to increase eye health and reduce the progression of myopia
- Screen time outside of school hours should be less than 2 hours per day for ages 5-18, less than 1 hour per day for ages 2-5, and none for < age 2.



Good Vision = Better Learning

Did you know that:

- 80% of a child's learning involves vision and visual processing
- 1 in 4 school-age children has an undetected vision problem
- Children rarely complain of vision problems since they don't realize they see the world differently than others
- Vision problems can be mistaken for other developmental problems such as dyslexia or ADHD
- Enhancing a child's vision can directly enhance their academic performance and lifelong learning skills

For more information on EyeLearn, please visit...



<https://bc.doctorsofoptometry.ca/patients/children-vision-resources/>

How often and when should I visit my Doctor of Optometry?

Babies:

first visit between 6-12 months old

2-19 years:

annually for children ages 2 and up

How do I find a Doctor of Optometry near me?

Please refer to our website by scanning the QR code:



<https://bc.doctorsofoptometry.ca/find-a-doctor/>

Saanich Schools (SD63) Ready, Set, Learn Open House

introduce yourself

Parents and preschoolers (3 years and up) are invited to visit their neighbourhood school.

- Participate in hands-on learning activities.
- Tour your neighbourhood school.
- Learn about community resources available to support families.

Thursday May 12, 2022

3:30 — 5:00 pm

Join us at your neighbourhood school.

Brentwood Elementary 250 652 3996
Cordova Bay Elementary 250 658 5315
Deep Cove Elementary 250 656 7254
Keating Elementary 250 652 9261

KELSET Elementary 250 655 4648
Lochside Elementary 250 658 5238
Prospect Lake Elementary 250 727 3314
Sidney Elementary 250 656 3958



Every success for every child
www.saanichschools.ca

We gratefully acknowledge the financial support of the Province of British Columbia through the Ministry of Education.



Saanich International Student Program

Now recruiting new host families!

FOR THE 22/23 SCHOOL YEAR



WHAT YOU OFFER YOUR STUDENT

- Private bedroom and a study space
- Three wholesome meals a day and snacks
- Integration into the family
- Emotional and academic support



WHAT WE OFFER YOU

- Monthly reimbursement of \$975
- Ongoing support
- Host family orientation
- 24/7 emergency phone access

FOR MORE INFORMATION

- Visit our website: studyinsaanic.ca
- Email us at: homestay@saanichschools.ca
- Call our Office: 250-655-2720

- To become a host family, apply at: <https://www.studyinsaanic.ca/apply>



COVID-19

Our international students will be fully vaccinated when they arrive in Canada. We have safety protocols in place to safely welcome our international students into our district.

We strictly follow all requirements, guidelines and protocols set out by the Federal and Provincial government at all times.

Build lasting relationships and help give a young person the experience of a lifetime!

FUN STARTS HERE (see attached posters)

Beaver Scouts

Boys and Girls ages 5 – 7

Fun and friendship are the cornerstones of the Beaver Scouts program. Beaver Scouts enjoy nature walks, short hikes, tree planting, games, crafts and family camps.

beaver motto: **“SHARING, SHARING, SHARING”**

Cub Scouts

Boys and Girls ages 8 – 10

Cub Scouts is built around a lively variety

of games, unique experiences, fellowship and outdoor adventures, all of which helps them develop and grow as individuals. The Cub Scout program focuses on helping boys and girls meet new challenges and plan their next adventure as a pack.

Beavers and Cubs meet at Cordova Bay United Church at 813 Claremont Avenue, Saanich, as well as outside all over the area.

You can reach us at 5thTsartlip@scouts.ca or at 250 588 5181 (Scouter Richard - Group Commissioner 5th Tsartlip)



We are overflowing!!

Have you noticed that your child all of a sudden doesn't have near as many clothes as they did in September? Please come and visit our **Lost and Found** department to see what we may have in store! You can come into the school (always come through the front door and check in with the office please) and go shopping through our assortment of garments, shoes, containers and miscellaneous other items. When the weather is nice you may even see our rolling racks out in the front courtyard for your viewing pleasure!

We look forward to seeing you!





**** New PAC Fundraiser ****

Country Grocer Save a Tape - Save your receipts from any Country Grocer dating back to March 2021. Submit your receipts to your classroom teacher or to the Cordova Bay School office.



**Our school
gets 1%back in
Gift Cards
which adds up
quickly!**