



Track and Field Club

a member club of



PROGRAMS FOR AGES 6-15
for 2019

TRACK RASCALS

INTRODUCTION TO TRACK & FIELD FOR 6, 7 and 8 YEAR OLDS

MAY 7th - May 30th Tuesdays and Thursdays. 5:00 - 5:45 pm

**AGE LIMITS: 'TRACK RASCALS' MUST BE
BORN IN 2011/12/13**

JUNIOR DEVELOPMENT

AGES 9-15

Born in 2004-2010

REGISTRATION IS OPEN NOW.

First practice Thursday April 4th 5:30-7:00pm.



**COME AND JOIN US!
TRACK IS FUN!!!**

Contact: Lesley Foster 250-656-5660 or Florence Dingle, 250-656-3341

For further information see: www.pentrack.org